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Chinese Herbal Medicine: Materia Medica (Revised  
Edition) is an extensive sourcebook of information  
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study of 473 medicinal substances.~~

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Chinese Herbal Medicine: Materia Medica: Bensky, Dan ...

The Materia Medica provides a wealth of information and practical insight into more than 530 of the most commonly used herbs in the Chinese pharmacopoeia. Drawing from a wide range of sources, both classical and modern, it provides unparalleled perspective and detail that goes far beyond what is available elsewhere to the Western practitioner.

Chinese Herbal Medicine: Materia Medica (Portable 3rd ...

The third edition of Chinese Herbal Medicine: Materia Medica is designed to give practitioners the information they need to practice with greater understanding and confidence. It provides a wealth of new information- more than twice the content of the previous edition- and practical insight into more than 530 of the most commonly used herbs in the Chinese pharmacopoeia.

Chinese Herbal Medicine: Materia Medica by Dan Bensky

Chinese Herbal Medicine: Materia Medica (CHMMM) is a popular and encyclopedic reference book on materials used in traditional Chinese medicine (TCM). As of 2020, it is in its 3rd edition. The title is a bit of a misnomer because while the book mainly includes herbal substances, it also includes animal, mineral and fungal substances.

Chinese Herbal Medicine: Materia Medica -  
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The new 3rd edition of Chinese Herbal Medicine: Materia Medica is designed to give practitioners the information they need to practice Chinese herbal medicine with greater understanding and confidence.

Chinese Herbal Medicine : Materia Medica 3rd edition

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Visual Materia Medica of Chinese Herbs. Used by students, teachers, practitioners, and doctors in universities and clinics around the world, the 'Visual Materia Medica of Chinese Herbs' is the de facto standard for Chinese herb photo identification. Students use it to replace long hours in the herb room or having to carry herb samples.

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Chinese herbology (simplified Chinese: 中药学;  
traditional Chinese: 中藥學; pinyin: zhōngyào xué) is the  
theory of traditional Chinese herbal therapy, which  
accounts for the majority of treatments in traditional  
Chinese medicine (TCM). A Nature editorial described  
TCM as "fraught with pseudoscience", and said that  
the most obvious reason why it has not delivered  
many cures is that the

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Chinese herbology - Wikipedia

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Chinese Traditional Herbal Medicine Vol.II Materia Medica ...  
The first edition of Chinese Herbal Medicine: Materia Medica was published in 1986, and the revised edition in 1993. During the ensuing years there has been a huge increase in the use of Chinese herbal medicine in those Western countries where this book has served as a basic reference text.

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Chinese Herbal Medicine Materia Medica - CHINA BOOKS

Chinese Herbal Medicine: Materia Medica (Revised Edition) is an extensive sourcebook of information about the most commonly used substances in Chinese herbal medicine. Compiled from leading textbooks in China, this edition presents an in-depth study of 473 medicinal substances.

Chinese Herbal Materia Medica: Dan Bensky, Andrew Gamble ...

For the best know ingredients, ephedrine and pseudoephedrine, these include time to peak plasma concentration, half-lives, drug distribution through the body and excretion. This work is much more thorough with respect to modern pharmacology than Chinese Herbal Medicine: Materia Medica, Third Edition by Bensky. The latter seems to be primarily directed toward disease descriptions in the context of TCM logic, tracking herbal usage through prior classic texts, and naming of herbs across asian ...

Chinese Medical Herbology & Pharmacology: John K. Chen ...

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Chinese Herbal Medicine : Materia Medica (1993, Hardcover ...

The Compendium of Materia Medica or Bencao Gangmu (本草綱目) is a Chinese herbology volume written during the Ming dynasty; its first draft was completed

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in 1578 and printed in Nanjing in 1596. It is a work that lists the materia medica and traditional Chinese medicine known at the time. It lists plants, animals, minerals, and other items that were believed to have medicinal properties.

Compendium of Materia Medica - Wikipedia

Aging, Beauty & Hair Chinese herbal medicine is not reserved for treating illness and disease. In fact, many Chinese herbal formulas were created to enhance wellbeing, promote longevity, and even help us look and feel more beautiful. At Best Chinese Medicine, we believe in investing in our long-term health and beauty the herbal, natural way! ...

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The Divine Farmer's Renga: A Materia Medica of Chinese Herbal Medicine and Haiku.

Chinese Herbal Medicine Materia Medica - AbeBooks

Chinese Herbal Medicine: Materia Medica (Revised Edition) is an extensive sourcebook of information about the most commonly used substances in Chinese herbal medicine. Compiled from leading textbooks in China, this edition presents an in-depth study of 473 medicinal substances.

Phytotherapy or herbal medicine is the most important therapy within Chinese medicine and is being used increasingly in the West. A Materia Medica for Chinese Medicine: plants, minerals and animal

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products describes 400 of the most important plants, minerals and animal substances used as treatments by Chinese medical practitioners. The items included have been selected according to their degree of clinical relevance. Each remedy is clearly described and illustrated on two facing pages, making this an easily accessible reference for both students and practitioners of Chinese herbal medicine. The clearly laid out text presents the following details for each herb or substance included: a detailed description of the characteristic features indications for safe use medicinal and toxic effects possible combinations with other substances full-colour illustrations, generally two for each substance, showing the detailed characteristics of the item described

A Materia Medica for Chinese Medicine has been written by two medically trained doctors who have worked as TCM therapists specializing in the use of Chinese herbs for more than 30 years. Based on their many years of teaching and practice, the book has been carefully compiled and designed to provide a concise and accurate practice-based reference for both students and practitioners.

This is a quick-reference manual and study guide for the most important 320 classic single herbs used in Chinese Medicine.

This Materia Medica and Herbal Reference has been organized and developed to make Chinese herbology accessible to the Western reader or practitioner. The book also includes extensive use of Chinese herbal



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formulae and specific treatment of disease conditions. There are a number of useful index listings including Latin name, Chinese name, Chinese herbal formulae and a general index.

Essentials of Chinese Materia Medica and Medical Formulas: New Century Traditional Chinese Medicine presents specific knowledge about the source, medicinal nature, action and application of more than 800 commonly-used Chinese materia medica, as well as the efficacy and application of more than 740 kinds of commonly-used Chinese medical formulas. Notably, all of the content is presented in table form, making the information easier to access, understand and apply. Each primary herbal medicine is introduced with color pictures, and each primary formula is presented with efficacy analysis pictures. The book provides readers with essential information on Chinese materia medica and formulas and how to use them accurately, including the most common Chinese materia medica used in clinics and in commonly used clinical formulas. This is an essential reference for traditional medical professionals and those interested in traditional Chinese medicine, including advanced undergraduate and postgraduate students. Includes over 800 Chinese materia medica and 740 medical formulas with their essential information. Combines 514 color pictures of medicine material crude slices and 255 formulary efficacy analysis pictures. Organized with concise forms, facilitating understanding and memorization.

Summary: "Presents the fundamental concepts and materials of traditional Chinese medicine organized in

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a way that supports learning and teaching according to traditional principles. Each category is placed in the context of traditional theory and practice beginning with a discussion of relevant pathologies (including the correct description of traditional diseases) and therapeutic principles used to address them" -- from the review.

The 'Visual Materia Medica of Chinese Herbs' is a concise, organized, and beautiful photo identification guide for over 350 common Traditional Chinese Medicine (TCM) herbs. Used by students, teachers, practitioners, and doctors in universities and clinics around the world, the 'Visual Materia Medica of Chinese Herbs' is the de facto standard for Chinese herb photo identification. Students use it to replace long hours in the herb room or having to carry herb samples. Doctors and practitioners can quickly cross reference Latin, English, and Pinyin names, as well as glance at the Chinese characters, properties, temperatures, and channels. The book has been used for everything from classroom lectures to USDA import inspection. Each Chinese Herb Features: Pinyin name with tone marks Common English name Latin/Pharmaceutical name Chinese name (Chinese characters) Temperature scale Channels entered Herb properties Over 350 hi-res color photos, 32 herb categories, table of contents, multiple indices, 112 pages. The 2nd edition fixes all of the errors since the 1st edition, correcting herbs that were adulterated, replacements, or mislabeled.

A modern reference guide on the benefits of incorporating traditional Chinese medicine into

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modern-day therapies! The Healing Power of Chinese Herbs and Medicinal Recipes is an easy-to-follow introduction to the history of traditional Chinese phytomedicine. This useful guide clearly explains the basics of this unique medical system and describes in detail the therapeutic properties and use of medicinal herbs and herbal recipes. The book includes a bibliography, glossary, contact information for herbal dealers and Oriental medicine schools, and an indexed list of 300 commonly used Chinese medicinal herbs and 245 herbal recipes. In The Healing Power of Chinese Herbs and Medicinal Recipes, you will find the fundamentals, evolution, and development of the herbal formulas of the 4,000-year-old Oriental Materia Medica, also known as ben cao. The book contains 11 sections documenting the therapeutic applications, dosages, precautions, and modern research findings of 138 of the most popular medicinal herbs. In addition, this resource provides 101 of the most frequently prescribed master recipes by famous ancient physicians, including their origin, ingredients, actions, indications, and modern clinical uses. The Healing Power of Chinese Herbs and Medicinal Recipes offers an in-depth education on: tonic herbs herbs that adjust the yin and yang of the body herbs that invigorate circulation of vital energy, qi, and blood herbal tranquilizers herbal diaphoretics herbal expectorants, antitussives, and antiasthmatics herbal pain killers herbs which regulate digestion and elimination herbal diuretics herbal antipyretics, antimicrobials, and detoxicants antitumor herbs The Healing Power of Chinese Herbs and Medicinal Recipes provides up-to-date information on the effectiveness of traditional Chinese medicine, as well

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as how to use Chinese medicinal herbs in conjunction with Western conventions. This comprehensive reference will benefit healthcare practitioners who want to include Oriental medicine in their practice, and anyone who is interested in Chinese herbs or patients for whom conventional medicine has offered no relief.

The new 3rd edition of Chinese Herbal Medicine: Materia Medica is designed to give practitioners the information they need to practice Chinese herbal medicine with greater understanding and confidence. It provides a wealth of new information - more than twice the content of the previous edition -- and practical insight into more than 530 of the most commonly used herbs in the Chinese pharmacopoeia.

The first book to exclusively use Chinese medical theories and terminology to guide practitioners of Chinese medicine in the use of Western herbs □ Written entirely according to the theory, diagnosis, and treatment paradigm of traditional Chinese medicine (TCM) □ Explains how to combine and modify the standard TCM formulas to non-Chinese herbs suitable for Western practitioners □ Includes 58 monographs of common Western healing herbs, detailing how each plant is used clinically The ever-growing number of Chinese medicine practitioners in the West has brought about an amalgamation of many styles of Chinese medicine and various other forms of medicine from around the world. This book addresses the increasing demand for knowledge of how to integrate plants from outside the standard Chinese materia medica into the fold of Chinese

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medical practices in the West. It is the first in-depth guide to using Western herbs exclusively according to the theories, diagnoses, and treatments of traditional Chinese medicine that harmonizes the unique terminology and theories of TCM with other botanical medicines. The book contains 58 monographs, illustrated with full-color photographs, of herbs commonly used by Western herbalists. Each herb is grouped by the basic categorization for medicinals in Chinese medicine, such as Herbs that Resolve the Exterior and Herbs that Regulate Blood. The monographs detail the energetics, function and indication, channels entered, dosage and preparation, and contraindications of each plant. The author also explains how to use the herbs to modify standard formulas used in everyday Chinese herbal medicine, based on his own clinical experience. An appendix of Western Analogs for Chinese Herbs further highlights 40 Chinese medicinals that have related species growing in the West.

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