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Mantras By David Frawley  
Published November 2010  
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November 2010

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## Seed (Bija ...

David Frawley's new book Mantra Yoga and Primal Sound celebrates his great love and vast knowledge of the subject. It is an energizing, the vibrant description of this most ancient and powerful spiritual practices at the very heart of the yoga tradition.

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wisdom traditions agree that the universe  
is a symphony of vibrational frequencies.  
In this beautiful, comprehensive, and  
unique work, Dr. Frawley elaborates the  
essential truths about cosmic sound, and

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how we can employ important mantras for healing, transformation and inner awakening.

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Mantra Yoga and the Primal Sound:  
Secrets of Seed (Bija) Mantras - Ebook

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## Mantra Yoga and the Primal Sound:

### Secrets of Seed (Bija ...

Om and Aum. Om is the prime mantra of the Purusha, the Cosmic Being, the Atman or higher Self. As such, it attunes us with our true nature and higher reality. Om is the sound of Ishvara, the cosmic lord, the creator, preserver and destroyer of the

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universe, who is also the inner guru and prime teacher of Yoga. It reflects both the manifest and the unmanifest Brahman, sustaining the vibration of ...

Mantra Yoga & Shakti Mantras □

American Institute of Vedic ...

Mantra Yoga . Sound. and. and. Primal.



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DR. DAVID FRAWLEY (PANDIT  
VAMADEVA SHASTRI) The term  
mantra is commonly used today in the  
media for key phrases, terms . or words of  
power and influence. Each group has its  
particular mantras that represent its special  
view, orientation or goal, whether it is a  
corporation, a political party or religious

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"Twameva") Purchase Original Song @ <https://itunes.apple.com/us/album/awakening/303...>

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Deva Premal - Gayatri Mantra (30 Min  
Meditation) - YouTube

Moola Mantra ॐ नमो भगवते वासुदेवाय, ॐ नमो भगवते वासुदेवाय, ॐ नमो भगवते वासुदेवाय, ॐ नमो भगवते वासुदेवाय, ॐ नमो भगवते वासुदेवाय ...

Deva Premal - Moola Mantra (38 min) -  
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Secrets of Seed (Bija) Mantras. David  
Frawley. Lotus Press, 2010 - Health &  
Fitness - 195 pages. 2 Reviews. Modern  
science and ancient wisdom traditions  
agree that the universe is a symphony of  
vibrational frequencies. In this beautiful,  
comprehensive, and unique work, Dr.

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Frawley elaborates the essential ...

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'Inner Tantric Yoga' presents the deeper tradition of Tantra, its multidimensional vision of the Divine and its transformative practices of mantra and meditation that take us far beyond the outer models of how Tantra is usually presented today.

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SHAKTI MANTRAS Tapping into the  
Great Goddess Energy Within □ Enhance  
your spiritual gifts □ Lighten your karmic  
burden □ Improve your health and increase  
prosperity □ Live in harmony with the  
universe Now, with Shakti Mantras, we  
can all benefit from this ancient practice.  
Thomas Ashley-Farrand, a Vedic priest, is

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an American expert in the intricacies of Sanskrit mantra. With nearly thirty years and thousands of hours of experience in chanting, he is supremely well-equipped to write the first book that teaches women (and men as well) to tap into the dynamic feminine energy of love in all its manifestations. By sharing enchanting



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Hindu myths and astonishing true stories from his own practice, Ashley-Farrand helps us to understand the real power that this age-old art awakens in those who perform it. Through dozens of actual mantras—each one presented with phonetic spelling for easy pronunciation and recommendations for specific

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applications. It enables us to increase our  
[shakti] (power) and use it to solve  
problems, ensure abundance, create health  
and well-being, summon protection, and  
invoke personal and universal peace.

Whether you're new to chanting or an old  
hand, Shakti Mantras will take you places  
you've never been before . . . and

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measurably enrich your life.

Secrets Of The Seed Bija  
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"The Rig Veda is not only one of the oldest sacred scriptures of the world, but also one of the most misunderstood. Past scholarship has dismissed the hymns of the Rig Veda as being expressions of a primitive animistic mentality that only

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rarely rose to true spiritual and philosophical heights. David Frawley's book demonstrates that this judgmental view is ill-founded. His fine renderings of select Vedic hymns bear witness to the fact that their composers were sages and seers--powerful poets who knew the art of symbolic and metaphoric communication.

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The Vedic hymns give us a unique glimpse not into a primitive mentality but a mentality and culture that revolved around the highest spiritual values and visions. This is an important and riveting book, ushering in a new and sounder tradition of Vedic interpretation and scholarship." Georg Feuerstein

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Unveiled in this book are the secrets of the occult sciences of Yantra, Mantra and Tantra to help the reader achieve worldly success and spiritual enlightenment.

Detailed instructions are given for the preparation and application of Yantras for specific purposes: to win favours, defeat

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for selecting and using Mantras to attain miraculous powers, and fulfilment of one's desires, are explained in detail. In the Tantra section of the book, methods of treatment of diseases by herbs are given. Information is provided about Tantric articles and where to obtain them.

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Lord Shiva is the personification of all the main practices of Yoga, as the origin and ruling power over asana, prana, mantra, inner seeing and meditation. The current book unfolds the presence, light, energy and consciousness of the Supreme Shiva to take us beyond all death and duality.



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This book explores the ancient and deeper aspects of Mantric Ayurveda and the secrets of the ancient Tantric Tradition of Ayurveda that Mantra-Yoga forms an integral aspect of. Here one learns the traditional considerations before using mantras as well as special rituals for protection, energisation of deities,

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gemstones and working with the deities on an inner level for healing applications.

Soma in Yoga & Ayurveda cracks the secret code of "Soma" and de-mystifies the myth and logic about its practical application. Dr. Frawley has clearly outlined that the real fountain of Soma is

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well within you and tapping into that  
nourishment will make your life  
enlightened and blissful.

The mantra and kirtan (call-and-response  
devotional chants) of yoga practice  
sometimes get short shrift in the West  
because they aren't well understood.

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These chants are an integral part of most every Eastern spiritual practice because they are designed to provide access into the psyche while their underlying mythology helps us understand how our psychology affects daily life. Sacred Sound shares the myths behind the mantras, illuminating their meaning and

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putting their power and practicality within reach of every practitioner. Each mantra and kirtan includes the Sanskrit, the transliteration, and the translation. Clear retellings of the pertinent myths highlight modern-day applications so that readers discover their own personal connection to the practice. Alanna Kaivalya has refined

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her teaching over a decade with tens of thousands of diverse audience members. Her unique and popular approach to human connection and self-knowledge turns a time-tested tradition into a versatile and potent tool.

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